

DRUG & ALCOHOL OVERDOSE

Not Moving but
IS Breathing



Delay
could
be
DEADLY!

Turn
them over onto
their side

Continually
check they are
Breathing

**CALL THE
AMBULANCE ON
000**

Not Moving &
NOT Breathing

Try to
get a response

Start CPR
Do 30
compressions on
their chest

Tilt their head
and give 2
breaths



Look out
for
your
mates
Don't
let
anybody
be
alone

Keep
going
Don't stop
30 Compressions
then
2 breaths

Remember.....

Ambulance officers DO NOT tell the
police that you or your friends have taken drugs



You have **NOTHING to fear** by
calling the paramedics for help,
and you may SAVE a friend's life